




48 HOURS IN NAIROBI

A SHORT GUIDE TO THE MAGICAL CITY FOR THE ACTIVE TRAVELLER

Sightseeing, shopping, eating out and more.





THE SAFARI
CAPITAL OF
THE WORLD.
A WORLD IN
TUNE WITH
NATURE.

Nairobi is the only capital city in the world with a national park within its boundaries, making it a prime tourist destination. It is also home to several other tourist attractions.

Nairobi has a diverse and multicultural composition; there are a number of churches, mosques, temples and gurdwaras within the city. Nairobi is home to several museums, sites and monuments, plus spectacular five star hotels to cater for safari-bound tourists.

Memo

Whether you are visiting Nairobi for business or pleasure, there are many activities and experiences that would suit any traveler. This pocket-sized booklet is filled with fun and interesting activities for anyone to enjoy, from the breath-taking scenery and beautiful abundance of natural attractions, to the glamour and glitz of the modern city lifestyle.

WELCOME TO THE MAGIC THAT IS NAIROBI

1) National Park of Nairobi

- Location: Langata
- Distance: 10kms from the CBD
- Duration of visit: Half a day depending on interest points

Established in 1948 and covering an area of 117sq. km, it is the only park in close proximity to a city centre. It has diverse environments with characteristics of flora and fauna and deep rocky valleys. The animals that can be found in this park are black and white rhinos, diverse birdlife, lions, leopards, hyenas, cheetahs, buffaloes, zebra and hippos.
www.kws.org

2) Animal Orphanage

- Location: Langata
- Distance: 10kms from CBD
- Duration of visit: 2-3 hours depending on interest points

It was established in 1964 as a refuge and rehabilitation centre for wild animals found abandoned or injured in Kenya. It is a setting for visitors to walk around and have close up views of animals such as lions, crocodiles, cheetahs & leopards. Watch out for the group of monkeys and baboons roaming freely around.

www.kws.org

3) Nairobi Safari Walk

- Location: Langata
- Distance: 10kms from CBD
- Duration: Half a day depending on points of interest

This is Kenya's new conservation based recreation facility. The combination of skilled and creative landscape design, unique wildlife species and detailed interpretation, renders the facility supreme in

tourism and conservation education.

It offers an opportunity to experience what you expect to see across the country. Introductory talks on Kenya's parks and reserves can be arranged for you by the naturalists. You will have a taste of Kenya's rich animals including the rare bongo, white rhino, albino zebra and a collection of cats, antelopes and primates.
www.kws.org

4) Nairobi National Museum

- Location: Museum Hill
- Distance: 3kms from CBD
- Duration: 1 hour depending on points of interest

The museum aims to interpret Kenya's rich heritage and offers a one-stop-shop for visitors to sample the country's rich heritage both for education and leisure.

Visitors are treated to a variety of shopping and dining facilities,

as well as botanical gardens that offer a serene environment.

There is a wide variety of attraction on display at the museum ranging from cultural and natural exhibits, stuffed birds and mammals, fossils from Lake Turkana, exhibits of local art, an impressive collection of rocks and minerals and a collection of pre-historic bones and fossils including one of an elephant.

One can purchase a combination ticket for the adjacent snake park with live specimens of Kenya's most common reptiles.
www.museums.or.ke

5) Mamba Village

- Location: Karen
- Distance: 13 kms from CBD
- Duration: Half day depending on points of interest

Mamba Village is famous for its crocodile farm. The pens are home to an estimated 70 Nile Crocodiles.

4 Maasai Ostriches can also be found strutting around their pen with grace.

Visitors often come into direct personal contact with them when given the opportunity to feed these gallant birds. The experience is always satisfying and exciting especially for children. Within the village, there is also a tented camp available for accommodation.
www.nairobimamba.com

6) Giraffe Centre

- Location: Karen
- Distance: 15 kms from CBD
- Duration: Half a day depending on points of interest

The centre has been ostensibly established as a breeding ground for the endangered Rothschild Giraffe. Information about the giraffe is provided and an elevated feeding platform was installed to give visitors the opportunity to hand-feed the giraffes.
www.giraffecenter.org

7) Elephant Orphanage

- Location: Karen
- Distance: 10 kms from CBD
- Duration: 1 hour depending on points of interest

Elephant calves orphaned by poachers or natural occurrences are brought here from all over the country. They receive extremely specialised treatment and personalised care from highly dedicated staff.

The orphanage is open to the public during the calves' feeding times where they can interact with calves and watch them being fed while they are informed about how the calves came to be at the orphanage. There is also an option for visitors to choose to adopt an elephant where they will be in charge of the elephants care at the orphanage.
www.sheldrickwildlifetrust.org



8) Nairobi Arboretum

- Location: Kileleshwa
- Distance: 3 kms from CBD
- Duration: Half a day depending on points of interest

The Arboretum occupies 30 hectares and holds over 350 different species of trees. It is home to over 100 migrant and resident birds. The Arboretum is one of Nairobi's few remaining green spaces, with jogging trails, walking paths and picnic lawns.
www.naturekenya.org

9) Bomas of Kenya

- Location: Langata
- Distance: 10 kms from CBD
- Duration: 3 - 4 hours depending on points of interest

It was established by the government in 1971 as a subsidiary company of Kenya Tourist Development Corporation as a tourist attraction. Bomas of Kenya is a living museum celebrating the colorful tribes of

Kenya. Visitors here can learn about the lifestyle, art, music, crafts and cultures of Kenya.

The complex encompasses recreated traditional homesteads or 'bomas' built in the traditional style, each one reflecting the culture of a major ethnic group in Kenya. Every afternoon, a team performs traditional dances and songs in the large theater.
www.bomasofkenya.co.ke

10) Kitengela Glass

- Location: Kitengela
- Distance: 7 kms from CBD
- Duration: 3 - 4 hours depending on points of interest

This is a glass blowing factory. The workers create handmade glass bottles from renewed and recycled raw materials, such as scrap windows, glass bottles and other glassy material. The finished products are stylish products, made through functional

art and inspired design.
www.kitengela.com

11) Kazuri Beads

- Location: Karen
- Distance: 10 kms from CBD
- Duration: 1 - 2 hours depending on points of interest

Kazuri creates hand-shaped and painted ceramic jewelry made by over 300 local women and sold all over the world.
www.kazuri.com

12) Karen Blixen Museum

- Location: Karen
- Distance: 10 kms from CBD
- Duration: 1 - 2 hours depending on points of interest

This is the home of Danish farmer and author Karen Blixen made famous by her book and the movie based on the book "Out of Africa" which chronicles her life at the estate.
www.museums.or.ke

13) Kenya National Archives

- Location: Along Moi Avenue in the City Center
- Duration: 1-2 hours depending on points of interest

It houses the Murumbi Gallery, dedicated to the late Joseph Murumbi, Kenya's second Vice President from May 1965 – August 31, 1966. He and his wife Sheila were avid collectors of African art.

Murumbi's collection has been described as "Africa's best known collection of priceless heritage and artifacts". He left behind 50,000 books and sheaves of official correspondence. The National Archives department has set up a library containing some of the 8,000 "rare books" (those published before 1900) entrusted to them upon the death of Murumbi.
www.archives.go.ke

14) Maasai Market

- Location: varies throughout the week
- Duration: Within the CBD
- Duration: 1 - 2 hours depending on points of interest

Here visitors can buy different art curios, trinkets, jewellery, wood carvings and more by various Kenyan artisans.

The market also moves around the city visiting different malls and locations, selling their products.

Monday – No market

Tuesday – Off Kijabe Street near Text Book Centre

Wednesday – Capital Center, Mombasa Road

Thursday – The Junction Mall, Ngong Road, 3rd Floor Parking

Friday – Village Market, Upper Car Park

Saturday – Law Court Parking CBD, Adams Arcade & Ngong Road

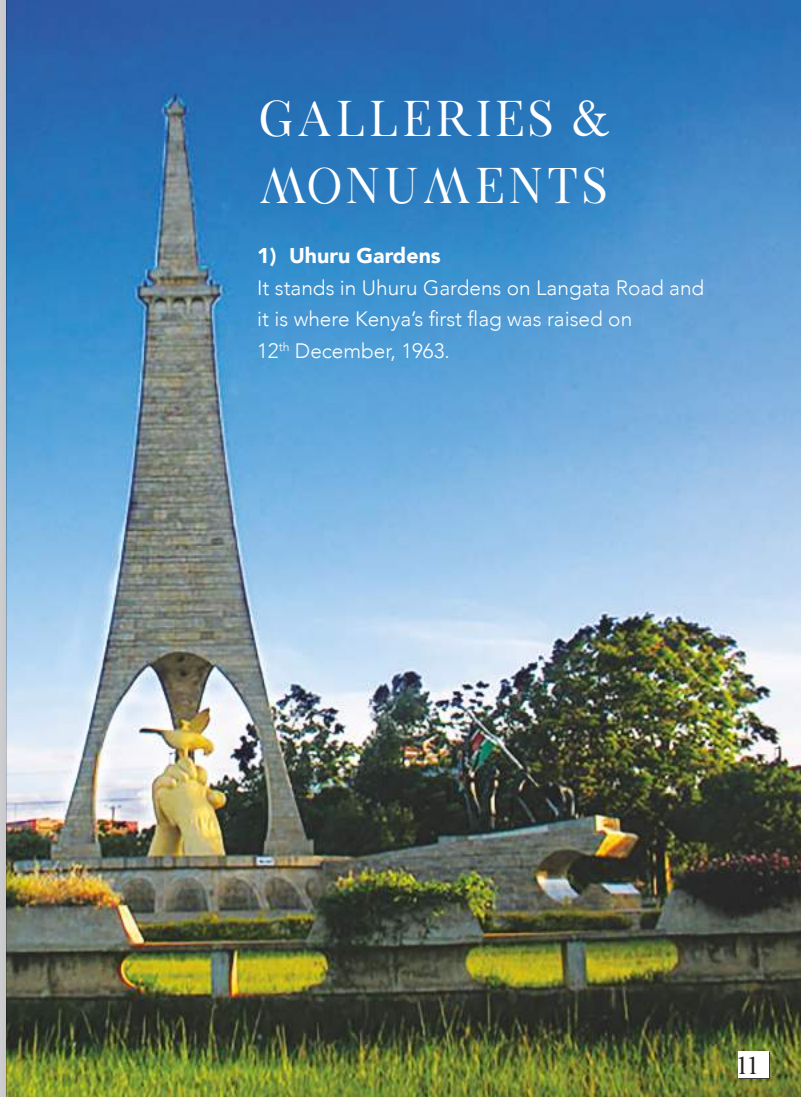
Sunday – Yaya Shopping Centre, Car Park, Adams Arcade, Ngong Road & Safari Park Hotel, Thika Road

www.jambonairobi.co.ke/culture/crafts-markets/maasai-market

GALLERIES & MONUMENTS

1) Uhuru Gardens

It stands in Uhuru Gardens on Langata Road and it is where Kenya's first flag was raised on 12th December, 1963.



2) Tom Mboya Monument

It is located in the City Centre on Moi Avenue. It was erected in 2011 in honor of Tom Mboya, a charismatic Pan-Africanist and freedom fighter known for his African airlift projects and who helped in the formation of the oldest party in Kenya (KANU).

3) Dedan Kimathi Statue

It is located on Kimathi Street, opposite the Hilton Hotel. Dedan was a leader of the Mau Mau which led an armed military struggle known as the Mau Mau uprising against the British Colonial Government in Kenya in the 1950s. Kimathi, clad in military regalia, holds a rifle with his right hand and a dagger on the other, symbolising the last weapons he held in his struggle.

4) Jomo Kenyatta Statue

The Jomo Kenyatta statue is an 80-year-old British sculptor's masterpiece by the name James Butler. The intricately double life-size, 12-foot, seated statue of President Jomo Kenyatta in 1969

with very detailed aspects including a birthmark on the President's face and his trademark peep toe sandals sits at the center of KICC.

5) War Memorial Statues

Located on Kenyatta Avenue, these are statues of three African soldiers standing next to each other representing those who fought and died in both World War One and World War Two.

6) Galton Fenzi Monument

This monument was built in memory of Galton Fenzi who played a role in devising the road system in Kenya. It is located on Kenyatta Avenue just next to the main Post Office. www.museums.or.ke

GALLERIES

7) Banana Hill Art Gallery

It is located in the town of Banana Hill, just North of the famous Village Market in Nairobi. They exhibit some of East Africa's most stunning paintings and sculptures with an emphasis on contemporary African art from painters and sculptors in

East Africa. bananahillartgallery.com

8) Nairobi Gallery

Located at the intersection of Kenyatta Avenue and Uhuru Highway in the heart of Nairobi City is the Nairobi Gallery. Built in 1913, this was the Old PC's office building fondly referred to as 'Hatches, Matches and Dispatches' because of the births, marriages and deaths that were recorded here. Today, the building is a National Monument and serves as a museum holding temporary art exhibitions. The Murumbi Gallery which is dedicated to the late Joseph Murumbi, a former Kenyan Vice President and a collector of African art is housed in the Nairobi Gallery. His collection has been described as "Africa's best known collection of priceless heritage and artifacts." www.magicalkenya.com

9) Paa ya Paa Arts Centre

Located on Ridgeways Road off Kiambu Road, it is a place for

inspiration and development for indigenous artists and art lovers. The arts centre programs include: visual arts, music, dance, theater and photography. It is opened everyday from 9am to 5pm. paayapaa.kbo.co.ke

10) The GoDown Arts Centre

The centre provides the first Kenyan multi-disciplinary space for arts and host organisations representing a variety of art forms as well as residence programs. The GoDown also has an exhibition gallery where exhibitions can be shown and meetings or performances held. www.thegodownartscentre.com

11) Nairobi Railway Museum

The home to the acclaimed "Lunatic Line" is located in an old railway building along Uhuru Highway. It provides answers to many unanswered questions concerning the early history of the rail and Kenya's transport development.

The museum consists of the Main Gallery, the Resource Center, the auditorium and an outdoor collection of locomotives, wagons and coaches.

The Museum is opened daily from 8am to 5pm.

www.krc.co.ke

RECREATIONAL PARKS & PICNIC SITES



1) Jeevanjee Gardens

The park features beautiful gardens and trees providing a welcome shade from the tropical sun. It is dotted with artistic benches and sculptures that add to its appeal. Its location makes it an ideal picnic site for the city residents. On a typical weekday, you will find many people relaxing on the benches or lawns, or just walking around the park. One of the few designated smoking zones in the city is also situated here.

The Jeevanjee Gardens is bounded by Moi Avenue, Monrovia Street, Muindi Mbingu Street and Moktar Daddah Street towards the Northern end of the City Centre. The park is open for free to the public.
www.jambonairobi.co.ke

2) Ngong Hills

Located just 22 kms SouthWest of Nairobi City, Ngong Hills make a very popular weekend destination for visitors from all over the country.

Activities include: hiking, picnics and jogging.

www.jambonairobi.co.ke

3) Karura Forest

The Karura Forest Reserve is an urban upland forest on the outskirts of Nairobi, the capital of Kenya. This remarkable geographical location and natural resource is one of the largest gazetted forests in the world fully within city limits. Attractions include Mau Mau caves, nature trails, wildlife, scenic waterfalls and bamboo forest.

www.friendsofkarura.org

5) Oloolua Nature Trail

Hidden away in the upmarket suburb of Karen is 250 hectares of the indigenous tropical dry Oloolua Forest that is home to the Institute of Primate Research (IPR) run by the National Museums of Kenya.

Activities include jogging, picnic, camping, short hikes, guided tours in the forest, visiting the caves, swamps and waterfall.

www.magicalkenya.com

6) Central Park

It occupies an area bounded by Kenyatta Avenue, Nyerere Avenue and Uhuru Highway, behind Nairobi Serena Hotel. Activities include: picnic and a children's playground.
www.jambonairobi.co.ke

7) Uhuru Gardens

It is where Kenya's first flag was raised on 12th December, 1963. The national monument on Langata Road is Kenya's largest memorial park. The park offers a tranquil picnic site, a popular family outing destination and a venue for corporate events. The Uhuru monument stands in it.
www.museums.or.ke

8) Nairobi City Park

Nairobi City Park is one of only a few intact indigenous forests that once covered most of Nairobi. The forest hosts botanical gardens, historical landmarks and a number of indigenous tree species that are endemic to Kenya.

It is located in the Parklands area of Nairobi. Attractions include: sculpture garden, Murumbi Memorial Park, jogging, picnic sites and nature trails.
Friendsofcitypark.org

9) Uhuru Park

It is the most popular recreational park in Nairobi and is used mainly as an assembly point for celebrating national holidays, for political rallies during election periods and for prayer meetings by various religious organisations. Attractions include: boat riding on the artificial lake, picnic sites and monuments.
www.uhurupark.com

10) Paradise Lost

It is a beautiful oasis in the middle of a coffee farm close to Kiambu Town, about 10 kms from Nairobi. Activities include boat riding, fishing, bird watching, feeding ostriches, horse and camel riding, visiting the caves & waterfalls,

camping and walking on the nature trail.

www.jambonairobi.co.ke

11) Rowallan Camp

It's situated along Kibera Drive adjacent to the Ngong Road Forest Reserve about 9 kms from the City Centre.

Activities include: camping, taking walks on the nature trails & short hikes to some caves located in the reserve.

www.kenyascouts.org

12) August 7th Memorial Park

It is located along Haile Selassie Avenue, at the scene where the 1998 terrorist bomb attack took place at the then United States Embassy.

It contains a board with names of the people who were reported dead due to the incident.

The park also has a Visitors Centre that features a museum displaying images and exhibits that aim to sensitise the public on the need for peace and tolerance, and an auditorium where a documentary of the disaster is played.

www.memorialparkkenya.org/

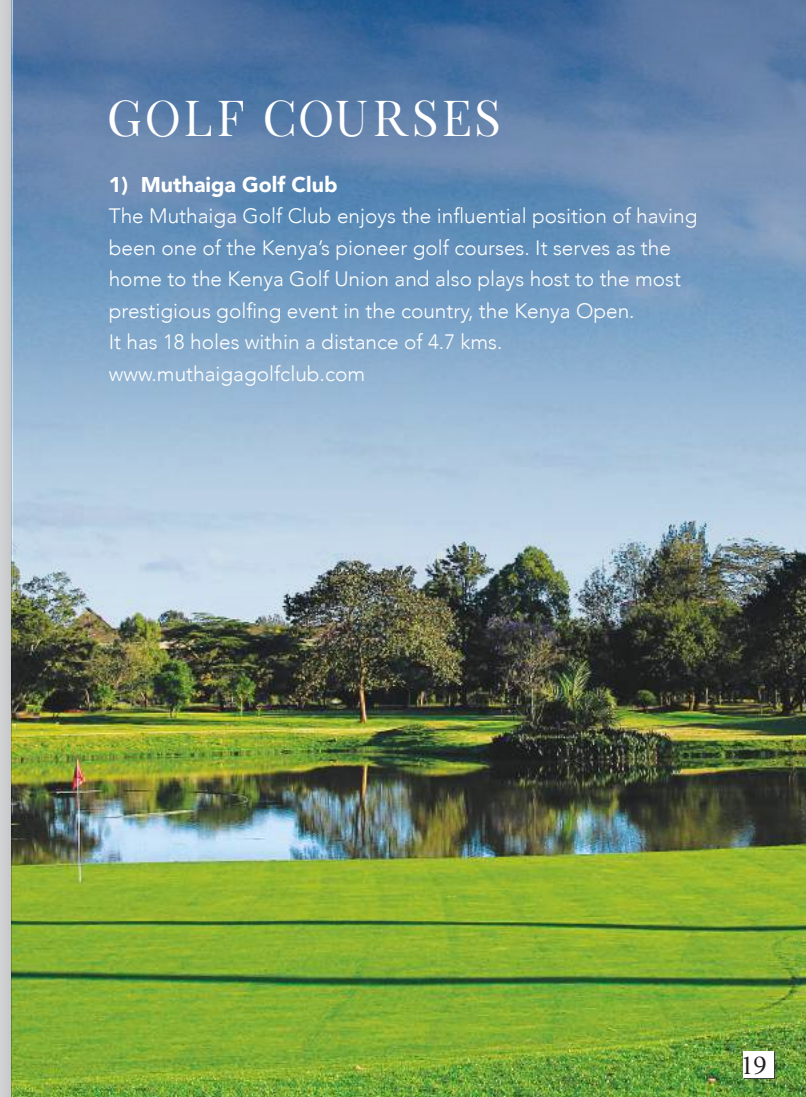
GOLF COURSES

1) Muthaiga Golf Club

The Muthaiga Golf Club enjoys the influential position of having been one of the Kenya's pioneer golf courses. It serves as the home to the Kenya Golf Union and also plays host to the most prestigious golfing event in the country, the Kenya Open.

It has 18 holes within a distance of 4.7 kms.

www.muthaigagolfclub.com



2) Windsor Golf & Country Club

The superbly built 200 acre hotel and golf club is definitely one of its kind in East Africa. Situated 17 kms from Nairobi, a visit to the Windsor Golf Hotel and Country Club is a must, not only for golfers, but anyone seeking luxury.

On your way up the drive leading to the hotel, you get a view of the Aberdare Mountain ranges. Once on the course, you see a lovely view of Mt. Kenya. You also get a glimpse of Ol'Doinyo Sabuk and the Ngong Hills.

www.windsorgolfresort.com

3) Karen Golf & Country Club

Situated at one of Kenya's suburbs about 16 kms from Nairobi is the Karen Country Club, famous for its beautiful course and lawn terrace.

Founded in 1933 by the Karen Estates Company Ltd. and an initial 9 hole and pins layout, the country club has become Kenya's top 18

hole major championship course.

www.karencountryclub.org

4) Railway Golf Club

It was established in 1922 as a private club for the Railway staff by the Kenya Railway Manager's wife, Mrs. Couper, as the Kenya Uganda Railway Golf Club (KURGC).

The club opened its membership to non-railways staff in 1924.

Kenya Railway Golf Club is situated in the Central Business District of Nairobi, between Uhuru Highway and Lower Hill Road, with its entrance off Haile Selassie Avenue. It is a remarkable 9 hole par 72 course. krgc.co.ke

5) Vet Lab Sports Club

It is the friendliest club in the country and has a pleasant and challenging 18 hole golf course. It is located in Upper Kabete,

at the North Western edge of Nairobi, on Veterinary Laboratory Department, about 15 kms from the City Center.

The Golf Club hosts 2 of the biggest events: the Kabete Foursomes Men's Invitational and the Kenya Breweries Festival of Golf.

www.vetlabsc.com

6) Airforce Golf Club

A new exquisite yet modest brownies course at the Eastleigh Airbase. This is the only military golf course in the country and has 9 holes and 72 par.

www.worldgolf.com

7) Golf Park

It is 15 minutes from the Nairobi City Center on Ngong Road. The course is located inside the Jockey Club racetrack.

It is generally a public course that has a loyalty card membership that

gives discounts so that you can just pay and play.

www.jockeyclubofkenya.com

8) The Royal Nairobi Golf Club

The Royal Golf Club (Royal because it was adapted by King George V) was the first golf course in Kenya.

Although challenging and fun to play, the front 9 holes have a different look than the back 9. This has a lot to do with the difference in the lay of the terrain on which the two sides were constructed.

The finishing 18 hole is the only watering hole on the course. It is located in Nairobi's Ngong Road, with a panoramic view of the Ngong Hills as one drives up to the club's entrance.

www.royalnairobicg.com

9) Sigona Golf Club

Sigona Club is located in Kikuyu, 18 kms, just outside Nairobi.

It was founded by the Kenya Estates Ltd. around 1938.

The toughest hole is the 7th and measures 458 yards for men and 485 for women.

www.sigonagolf.com

10) Kiambu Club

It is one of the oldest golf clubs in the country. It started off in 1916 with a total of 3 holes. In 1959, it was extended to 9 holes and the club was modernised with the browns being converted into greens.

www.golf.co.ke

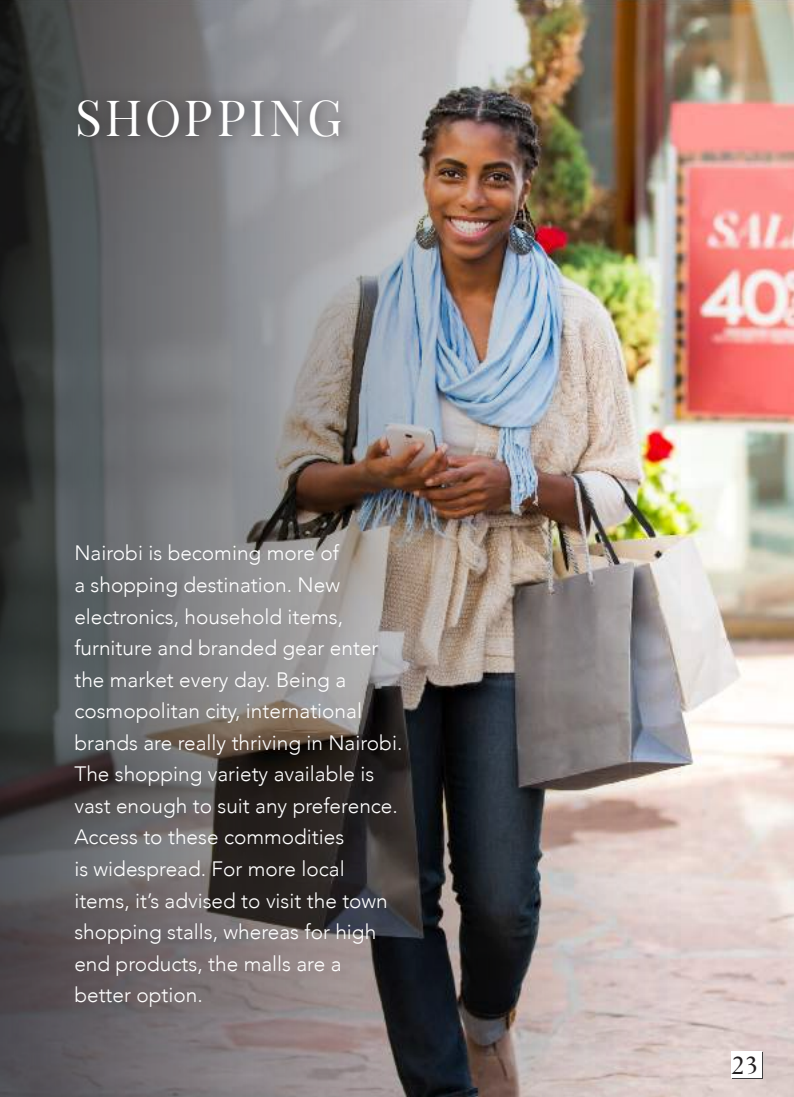
11) Limuru Country Club

Just 30 minutes from Nairobi City Centre, Limuru's 18 hole course is widely regarded as the most scenic in Kenya with one of the best club house veranda views in all of Africa.

At 7,000 feet altitude and set amidst the famous local tea plantations and rolling farmlands, Limuru provides a unique hole-by-hole challenge for all members, visitors and guests.

www.limurucountryclub.co.ke

SHOPPING



Nairobi is becoming more of a shopping destination. New electronics, household items, furniture and branded gear enter the market every day. Being a cosmopolitan city, international brands are really thriving in Nairobi. The shopping variety available is vast enough to suit any preference. Access to these commodities is widespread. For more local items, it's advised to visit the town shopping stalls, whereas for high end products, the malls are a better option.

1. Sarit Centre - Westlands

- Opened in 1983, it is Kenya's first ever shopping mall. Its "City within a City" concept provided a burgeoning middle class with a new shopping experience by having everything under one roof
- Effectively, the Sarit Centre is an interactive shopping mall offering a one-stop access to a complete range of supermarkets, stores, service outlets, a food court, entertainment, an expo centre and professional and medical facilities

2. The Village Market - Gigiri

- It is a large shopping, recreation and entertainment complex. The Village Market has outlets offering products and services of different categories. There are over 35 shops selling local & designer wear, fashion, accessories & footwear. The mall is also home to

a diplomat exclusive supermarket whose commodities are exempt from duties and VAT tax

- The Village Market has an outdoor food court and other restaurants offering local African recipes as well as international recipes. The shopping mall offers beauty and relaxation products and services and a health and fitness center which also has yoga and dance classes

3. Diamond Plaza - Parklands

- Located in Parklands, this is a shopping complex like a small India within Nairobi. With over 70 stalls, an outside food court and a brand new mall extension added to it, it is a place one can find almost everything they are looking for, plus delicious Indian and traditional Swahili cuisine

4. Yaya Centre - Kilimani

- This is a modern multifunctional mall, frequented by various customers within Nairobi. Opened in the late 80's, it has grown to the most iconic and well known malls in Nairobi housing over 100 shops, offices, cafes and a supermarket

5. The Crossroads Mall - Karen

- Karen Shopping Centre is located in Karen, Nairobi and is made up of 2 adjoining shopping centers that are separated by a road
- One side is called Crossroads and is a more modern shopping centre with a large grocery store, restaurants, clothing stores, shoe stores and boutiques as well as salons and other services
- There are also several cafés at the shopping centre that

serve coffee, pastries, pizza, burgers and Mexican food

- The other side of Karen Shopping Centre in Nairobi is an older shopping centre, but also has a grocery store and restaurant

6. The Junction - Nairobi

- The Junction provides you with lifestyle experience with its distinctive features in terms of comfort, luxury & modernity. It is the place with everything you could need, from the realistic to the positively distinctive, all under one roof. The mall is home to leading brands of clothing, fashion accessories, sportswear, jewellery, computer and mobile accessories and according to the 2011 Taste Awards, is one of the best Food Courts in Kenya

7. Capital Centre - Mombasa Road

- This is a shopping & entertainment destination located close to the CBD & the national airport, with over 60 stores offering services like a supermarket, pharmacy cinemas, casinos and banking halls

8. Prestige Plaza - Ngong Road

- This is a shopping mall that is home to both local & international outlets that offer their customers a wide range of services at an ultimate value shopping destination. It is approximately 30 minutes from the City Centre
- The mall offers a variety of outlets ranging from entertainment centres, boutiques a food court, medical services and banking services

9. Galleria Shopping Mall, Karen - Langata Road

- This is a shopping destination

offering shopping, dining & entertainment experiences

- Choose from a variety of leading brand stores and enjoy great food at various restaurants and cafes, offering cuisines from various places on the globe

10. T Mall - Nairobi West

- There are various outlets at this mall. These offer a wide range of goods & services ranging from the Tuskys Supermarket, a food court, pay TV services as well as a pub at the rooftop. Banking services are also available

11. Thika Road Mall (TRM) - Thika Road, Kasarani

- There are various local and international brand stores and food courts with an experience of the first 7D cinema in Kenya. Also inclusive is a kid's entertainment zone

12. Two Rivers Mall

- The mall integrates green technologies and intelligent building management systems for effective sustainable resource usage, with over 100 shops to shop from and restaurants to dine in
- The mall also hosts the only ferris wheel dubbed 'Eye of Kenya' the first of its kind in the country with its massive 55-meter diameter making it the tallest in Africa. When you ride, you get a bird's eye view of the city

13. West Gate Mall

- This is Nairobi's premier shopping mall and East Africa's finest shopping, leisure and pleasure destination for millions of residents and international visitors with over 80 stores and a variety of Art & Craft kiosks to shop from, as well as a food court with different cuisine restaurants

14. Garden City Mall

- It boasts over 100 shops, Nairobi's favorite iMax cinema, a host of restaurants, cafes and bars, banks and supermarkets as well as a convenient medical centre

15. Rosslyn Riviera Mall

- Kenya's first eco-friendly neighborhood mall with it's blend of unique stores and services, offers every person who walks in a shopping and dining experience unlike any other

16. The Hub Karen

- This is a premier shopping mall located in the beautiful leafy suburbs of Karen Nairobi catering to unique experiences. It is a place where you can spend the whole day with all your needs being under one roof from fashion, to entertainment, to fine dining and beyond

17. Southfield Mall

- This mall is a state-of-the-art lifestyle and leisure hub nested in the heart of bustling Embakasi area of Nairobi. It houses dozens of stores and shopping experiences and with easy access to the Eastern Bypass, Southern Bypass, Outering Road and Mombasa Road

LOCAL DESIGNERS

1) Kiko Romeo

The company specialises in making ethically sound products, cut to international fashion trends using African made fabrics, often with handcrafted details. Kiko Romeo is now on: Kobo Trust, 523 Riara Road; Two Rivers Mall, 1st Floor, Ruaka and Village Market New Wing, 1st Floor. It is open Mon-Sat 9.30am – 7.00pm and Sun 10.30am-6.00pm
kikoromeo.com

2) Wambui Mukenyi

Her collection reflects her love for luxurious fabric while at the same time instilling her African heritage to produce timeless, feminine and effortlessly stylish pieces.

Wambui Mukenyi's collections can be found along Raphta Road, Westlands, Gate 142, Suite 8.
wambuimukenyi.com

3) John Kaveke

He designs both male and female clothing. He uses African inspired themes in his designs, always adding that extra touch of cosmopolitan flair.
www.kaveke.com

4) Moo Cow

Moo Cow is a fashion brand and sells out of its own boutique in Silver Springs Hotel, Hurlingham, Nairobi, Kenya. Garments

designed are linens, suedes, African themed accessories and belts.
[Contact: +25402519676](tel:+25402519676)

5) Shenu Hooda

Shenu Hooda is a well known name in the Kenyan Fashion Industry. A great blend of Kenyan and Pakistani fashion makes Shenu's collection unique and sets her apart from all Eastern designers in Kenya.
www.shenudesigns.com

6) POISA

POISA deals with fashion and ethnic jewellery design. Their products range from men's and women's wear, ethnic jewellery, uniquely African ties and afro centric clutch purses.
www.poisastyle.com

7) Sarakaray

Sarakaray is a Kenyan based luxury clothing/fashion brand that is bold, exquisite, out of the box and high end. Sarakaray blends bold, extravagant prints with subtle hues

and transforms them into sexy, feminine and chic attire. The Sarakaray collections are based off the elements: earth, air, fire & water.
www.sarakaray.com



HOTELS & RESTAURANTS

Accommodation in Nairobi is an experience of lavishness and comfort, with an extensive variety available, plus great dining destinations taking your taste buds on a trip around the globe. Nairobi being a modern multicultural city, the choices available for consumers are endless. Several 5 star hotels offering luxury and serene accommodation and endless choices of great restaurants are available to quench any appetite.

1) **The Villa Rosa Kempinski**

- The Villa Rosa Kempinski Hotel is located along Chiromo Road, within the Commercial Centre of Nairobi, 20 kms from the Jomo Kenyatta International Airport www.kempinski.com

2) **The Nairobi Serena Hotel**

- Nairobi Serena Hotel in Kenya is located in Central Nairobi

overlooking Central Park and is five minute's walk from the Central Business District

- The hotel is 30 mins drive away from Jomo Kenyatta International airport
www.serenahotels.com

3) The Sarova Stanley

- Sarova Stanley is the oldest hotel in Nairobi established in 1902, with a rich and proud history and has just undergone an intensive programme of renovation. It is centrally located in the CBD and is 18 kms from JKIA
www.sarovahotels.com

4) The InterContinental Hotel

- This hotel is ideally located for business, close to the Parliament buildings & next to Kenyatta International Convention Centre (KICC)
www.intercontinental.co.ke

5) Fairmont The Norfolk Hotel

- Playing a dominant role in the development of the city since its earliest days is Fairmont The Norfolk. Built in 1904, the hotel continues to be one of the most beloved landmarks in the city and the launch point for safari tours. It has been refurbished over the years to give it a modern touch while preserving its traditional charm. It's conveniently located 20 kms from JKIA and 3 kms from the CBD
www.fairmont.com

6) The Nairobi Safari Park Hotel

- Located 30 minutes drive from JKIA, the Safari Park Hotel is a fusion of international sophistication, safari style, theme-park fun and cultural creativity
www.safaripark-hotel.com

7) Ole Sereni Hotel

- Strategically positioned 12 kms from the airport and approximately 15 minutes drive, Ole Sereni combines the best features of a modern city hotel and a traditional wildlife lodge to present guests with a cocktail of breathtaking fundamentals of nature's tranquility from a very close range
www.ole-sereni.com

8) The Tribe Hotel

- Tribe is a luxury boutique hotel in Nairobi. Set in a leafy suburb within Nairobi's diplomatic district and attached to the Village Market, the hotel is ideally located 25 kms from JKIA
www.tribe-hotel.com

9) The Panari Hotel

- The hotel is a central point for any tourist, business traveller, diplomat & dignitary or airline crew and

it offers five star, luxurious & comfortable space to relax, unwind & rejuvenate in an ideal location that is conveniently 10 minutes away from Jomo Kenyatta International Airport
www.panarihotels.com

10) Windsor Golf Hotel & Country Club

- With Victorian-designed buildings set within colorful landscaped gardens overlooking a fusion of indigenous forest and an 18-hole championship golf course, this five-star luxury hotel is located 15 minutes from the City Center of Nairobi
www.windsorgolfresort.com

11) The Crowne Plaza Nairobi

- The Crowne Plaza Nairobi is a modern, stylish and luxurious hotel situated in the trendy business district area of Upper Hill. Centrally located 16 kms from JKIA, 23 kms from Nairobi National Park and 6 kms from

Nairobi National Museum.
It is also surrounded
by diplomatic missions,
multinational companies,
banks and
entertainment venues
www.cpnairobi.com

12) Hemingways Nairobi

- Hemingways Nairobi is a luxury five-star boutique hotel with a sophisticated and tranquil ambience. Set between Nairobi National Park and overlooking the iconic silhouette of Ngong Hills, a magical view that can also be enjoyed over sundowners at the bar. It is perfectly placed for trips to Nairobi National Park and the capital.
www.hemingways-collection.com/nairobi

RESTAURANTS

African Dishes

Le Palanka Restaurant
Mama Ashanti Restaurant

Arabic Cuisine

The Arabian Cuisine Restaurant

Brazilian Cuisine

Fogo Gaucho

Chinese Cuisine

Canton Malaysian
China Plate
For You

Ethiopian/Eritrean Cuisine

Abyssinia
Asmara Restaurant
Habesha Restaurant
Sheba Restaurant
Smart Village

Indian Cuisine

Haandi Restaurant
Mughal Restaurant
Shehnai Restaurant

Italian Cuisine

Mediterraneo Restaurant
Osteria Del Chianti
Roberto's Restaurant
Trattoria Restaurant

Japanese Cuisine

Furusato Restaurant
Misono Restaurant

Korean Cuisine

Sushi Soo Restaurant

Lebanese Cuisine

Cedars Restaurant
Phoenician Restaurant
Tambourin, Villa Rosa Kempinski

Mexican Cuisine

Zapata Restaurant

Sea Food

Japanese Cheka Izakaya
Lido Seafood & Grill,
Ocean Basket
Seven Seafood & Grill
Tamambo Karen Blixen

Swahili Cuisine

Jamia Plate Swahili Plate

Steakhouses

Carnivore Restaurant
Graze Steakhouse, Sankara

Thai Cuisine

Soi Restaurant, Dusit D2
Thai Chi Restaurant,
Sarova Stanley

COFFEE SHOPS & CAFÉS

Artcaffé
Casual Bite
Java House Nairobi
Tin Roof Café
The River Café

For more information on eating places, visit www.eatout.co.ke

FESTIVALS & EVENTS

FASHION

Festivals & Events

1) Nairobi Fashion Market

The event provides a platform for the small retailers, designers and entrepreneurs in the product, accessory, lifestyle, art and fashion industries to promote, market, test and position their products and brands. The event enables interaction with several thousand potential buyers over a weekend of sales, promotion and product education and the opportunity to establish long term business relationships with the market. The day provides for casual shopping for a wide range of items. Kids enjoy the play areas and visitors relaxed in outdoor chill-out zones, bars and concession areas. During the day, visitors are entertained by glittering fashion shows from Kenya's top and upcoming designers and live music entertainment from the best of Kenyan talent.

nfm.co.ke

2) Samantha Bridal Wedding Fair

The Samantha's Bridal Wedding Fair is an exciting 4-day event filled with fashion, beauty and style. It is Kenya's most dynamic and effective place to meet leading industry players in the wedding, beauty, honeymoon, fashion industries showcasing affluent women and their families. www.samanthasbridal.co.ke

SPORTS

1) Magical Kenya Open

It's a 4 open day golf event that is held at the Karen Country Club. The Magical Kenya Open is a scheduled European Tour event. www.facebook.com/KenyaOpenGolf

2) Safari Sevens (Rugby)

It's an international rugby tournament with seven players on each side, held at the Impala Club on Ngong Road or Safaricom Stadium along Thika Road. 7s.safaricom.co.ke

3) StanChart Nairobi Marathon

It's held annually towards the end of October and include 42 kms full marathon, 21 kms half marathon and 10 kms road races through the city streets. www.nairobimarathon.com

4) Parklands Sports Club Run

The Parklands Sports Club (PSC) organises a monthly 15 kms timed road race held on the first Sunday of every month through the leafy Parklands, Westlands, Kitisuru and Kabete suburbs of Nairobi. PSC is a private members club situated in the Parklands suburb along Ojji Road. www.parklandssportsclub.org

5) National Motor Cross Championship

It's held at Jamhuri Park on Ngong Road. www.motorsportkenya.com

6) Safari Rally

A chance to see a world-class motor sports event as it gets flagged off in Nairobi.

The course covers some 700 kms/435 miles.

www.eastafricansafairally.com

7) Concur d'Elegance

The event brings together owners of classic cars and motorcycles in September at the Ngong Race Course. Whilst vintage vehicles are the main attraction, there is a lot of sideshow entertainment. www.concourskenya.com

8) Horse Racing

Races are held at the Ngong Race Course and Golf Park which is the only horse racing course in East Africa.

Ngong Racecourse is situated on Ngong Road towards Karen and has beautiful grounds, offering a tranquil setting away from the hustle and bustle of Nairobi. www.ngongracing-kenya.com

9) Polo

Games are hosted by Nairobi Polo Club and played at the Ngong Race Course. www.poloKenya.com

FOOD

1) Cake Festival

The event prides in the fact that it's the only Cake Festival in the world, where bakers congregate to serve as much cake as guests can possibly eat for a cause. The Cake Festival is the first event of its kind in Kenya that aims to display a wide variety of cakes and desserts that are available in the Kenyan market. It is a convergence of bakers, exhibitors and sponsors who are passionate about all things baking! Guests from diverse backgrounds are brought together by their love for cakes and are able to contribute to a charitable cause while indulging themselves. www.cake-festival.com

2) Oktoberfest Kenya

The event lasts for 3 days and includes an international food court, a three-day beer festival, beer sampling tent, a music festival, eating competitions and challenges, beer games and a party zone.



This event helps raise funds to educate under privileged children from various slums in Kenya.
oktoberfest.co.ke

3) The African Food & Cultural Festival

The African Food and Cultural Festival is the place for people from different countries in Africa to meet. The festival showcases the food, music, culture and fashion of Africa.
www.facebook.com/TheAfricaFoodFestival

4) The Beer Festival

The Art & Beer Fest is a 48-hour spectacle that features, among others, art exhibitions, food and drink, auto and motorcycle art, fashion and even a midnight lingerie show. It gives upcoming and established artists a platform to showcase their work and facilitates the promotion of local culture.
travel.kenya.co.ke/festivals/art-beer-festival

5) Utalii Annual Food Festival

The festival was started 24 years ago with an aim of recognising the growing importance of the tourism industry in Kenya and most of all, to explore talents and potential of the students in preparation of African cuisines.

The menu depicts the cultures of the people of East Africa such as: matoke, githeri, ugali wimbi, different varieties of green vegetables such as osuga, mrenda, terere, kunde, masale, pilau, mchele wa nazi, fried beef, chicken, fish, all types of roasted meat and fruit deserts.
www.tourism.go.ke

MUSIC & DRAMA

1) Kenya Music Festival

It is an annual event that takes place in Kenya showcasing schools and college music performances. It has produced hundreds of thousands of young people who

are talented in theater, arts, music and drama.
www.facebook.com/Kenya-Music-Festival

2) The Kenya International Film Festival

The festival brings together films and filmmakers from the East and Central African regions.
www.kenyafilmcommission

3) Theater & Performances

These are local productions that are written and directed by Kenyan directors showed daily at the Alliance Française in Nairobi.
nairobinow.wordpress.com

4) Kenya Drama Festivals

An annual event takes place in Kenya every year. The Kenya Schools and Colleges Drama Festivals has produced hundreds of thousands of young people who are talented in theater, arts, music and drama.
www.facebook.com/pages/Kenya-Drama-festivals

5) Kids Festival

It's the greatest Kids Event organised by Churchill and the Laugh Industry. It aims at developing children to be all rounded and develop their out-of-class talents and skills and more so, have fun while at it!
www.facebook.com/kidsfestival

6) East African Arts Festival

The event is hosted annually in Nairobi at the Kenya National Museum in March. It's the biggest of its kind in the region and attracts competitors and spectators from around the world. The three-day event showcases art, music, theater, fashion, literature, architecture, sculptures and traditional crafts.
www.nairobi.com

8) The Sigana International Storytelling Festival

The event is held every July in Nairobi and it brings together



professional storytellers from all over the world to participate.
www.facebook.com/Sigana-International-Storytelling-Festival

OTHERS

1) Kenya Tourism Week

The Kenya Tourism Week is held throughout the third week of September. During the celebrations, participants explore various attraction sites. The main events are an art exhibition, cuisine, music, culture and a golf tournament.
www.tourism.go.ke

2) Shaggy Dog Show

The event is organised by the Kenya Society for the Protection and Care of Animals (KSPCA) and targets pet lovers. The purpose of the show is to seek the shaggiest dog that graces the event. Orphaned dogs are also paraded and participants asked to adopt.
www.kspca-kenya.org/event/shaggy-dog-show

3) Christmas Craft Fair

The Christmas Fair is an annual event that takes place on the first weekend in December at the Nairobi Race Course on Ngong Road.
nairobinow.wordpress.com

4) Homes Expo

The Kenya Homes Expo is the most interactive solution-based homes show in Eastern and Central Africa. The expo is held twice a year, in April and October.

It is a unique one-stop shop for real estate stakeholders, interior designers, mortgage and bank institutions and companies presenting new products, innovative services and technology. Over the years, Kenya Homes Expo has been able to generate not only high quality audiences and sales leads for exhibitors, but also great bargains for attendees.
kenyahomesexpo.com

5) The International Flower Trade Exhibition (IFTEX)

The expo is a unique exhibition dedicated to the flower sector. It is a biennial event held at the Oshwal Centre in Nairobi and welcomes flower growers and equipment suppliers for flower growers to present before an international clientele of flower purchasers.
www.hppexhibitions.com

6) The Nairobi International Trade Fair

The Nairobi International Trade show is an annual event that is held in the month of September. This event takes over 5 days and is located at the Nairobi Show Grounds. Here various companies

display their products and services to the Kenyan people and business investors alike.
www.ask.co.ke



TIPS & GUIDES

DRESS CODE

The dress code in Nairobi is multicultural and relatively relaxed. In rural areas avoid transparent and revealing clothing.

GREETINGS

Most social interactions begin with a greeting. It is considered rude and disrespectful not to greet someone with a shake of the hand. Telephone conversations will often start with a polite greeting and an inquiry into one's health.

PHOTOGRAPHY

Photography of the State House, government institutions & military installations is prohibited. It is polite to always ask before taking pictures of local people.

SAFETY

Personal safety begins with you, and like with any other big city in the world, one is encouraged to avoid walking alone in dark alleys especially in the night. Keep to well lit areas and avoid crowded places.

VISA

A visa is required prior to entry into Kenya and is readily obtained at the airport upon arrival. You may also obtain one from the Kenyan Embassies and High Commission offices abroad before departure. A single entry visa as always is valid for three months after the date of issue.

HEALTH

It's advisable to travel with a small first aid kit that includes band-aids, a thermometer, sun screen, oral re-hydration sachets, anti-diarrhea medication, an antiseptic, water purification tablets and more. Some of the hospitals you can visit or call when necessary include: the Nairobi Hospital, the Aga Khan Hospital, Mater Hospital, M.P. Shah Hospital, Gertrude's Children's Hospital, Karen Hospital and the Kenyatta National Hospital.

WILDLIFE

Nairobi boasts of being the only city in the world with a National Park within a city. The park has a variety of wildlife including the big cats, giraffe, buffalos, zebras, elephants and others.

FAMOUS PEOPLE OF KENYA

The first African woman Nobel Peace Prize winner – the late Prof. Wangari Maathai – who had

a commitment to the environment was Kenyan. She was also the first African woman in East and Central Africa to earn a Doctorate Degree.

David Rudisha is the current Olympic and World Record Holder in the 800 meters athletes category. Rudisha was the first person to run under 1:41.00 for the Olympics.

Tegla Loroupe was also the first woman from Africa to win the New York City Marathon, which she has won twice.

Paul Tergat, one of the most accomplished long-distance runners of all time, is from Kenya.

The first African Black Oscar winner – Lupita Nyong'o – has roots in Kenya. Her father is Kenyan.

America's first Black President – Barack Obama – has roots in Kenya. His father was Kenyan.

BOOKS WRITTEN

- Born Free (Adamson)
- Out of Africa (Karen Blixen)
- I Dreamed of Africa (Kuki Gallman)

INTERNATIONAL FILMS SHOT IN KENYA

Over 80 international films have been shot entirely in Kenya, many of which turned into Hollywood box office hits and won several international awards. Among them are:

- Constant Gardener
- African Cats
- The White Maasai
- Tomb Raider II Series
- The Ghost and the Darkness
- The Snows of Kilimanjaro
- King Solomon's Mines
- Mogambo
- Mountains of the Moon
- Nowhere in Africa
- Big Cat Diary
- Survivor Africa III Series
- Gorillas in the Mist
- To Walk with Lions
- Lion King (inspired by locations in Kenya)

CABS & CAR HIRE COMPANIES

1) KENATCO Taxi

12th Floor, Uchumi House,
Aga Khan Walk,
P.O. Box 52684-00200,
Nairobi, Kenya.
+254 721830061/
+254 788502237
JKIA: +254 703 115076
info@kenatco.co.ke
www.kenatco.co.ke

2) Focus Cab

Mayfair Maisonette, Mpaka Road,
Opposite Fedha Plaza,
Westlands, Nairobi, Kenya.
+254 208006620
+254713555888
info@focuscabs.co.ke
www.focuscabs.co.ke

3) Jimcab Services

Ground Floor, Warwick Centre,
United Nations Avenue, Gigiri,
P.O. Box 759-00621,
Village Market, Nairobi, Kenya.
+254 20 7121205
+254 722 711001/
+254 722 714246/
+254 733 735499
info@jimcab.co.ke
www.jimcab.co.ke

4) Sideways Car hire

Jameson court, Block A.
Ngong Road, Kenya.
P.O.Box 42369-00100
Tel ; 0722275231 , 0724275231
info@sidewaystoursandcarhire.com
www.sidewaystoursandcarhire.com

5) Market Car Hire Ltd.

Ground Floor, Chester House,
Koinange Street, Nairobi,
(20 mins from Jomo Kenyatta
International Airport)
(245 020) 225797/253948/
342264.

market@wananchi.com
www.marketcarhire.com

6) Delight Cabs Ltd.

3rd Ngong Avenue, Upper Hill
Gardens A-39, Opposite Kenya
Bankers Sacco Centre,
P.O. Box 46021-00100, Nairobi.

+254 0722 10 42 42,
+254 (20) 230 56 97.

info@delightcabs.co.ke
delightcabs.co.ke

7) Universal Cabs

P.O. Box 63622, Nairobi.
(020) 444 09 50,
+254 735 27 88 56.

8) Virgin Tours

P.O. Box 63346-00200,
Nairobi.
ACK Parking Silo, 9th Floor,

Bishop's Road, Community
Nairobi, Kenya.

+254 20 2720952,
+254 20 2720972,
+254 20 2734932,
+254 20 2734 487,
+254 727 264 600.

info@virgintours.co.ke
www.virgintours.co.ke

9) Wonderview Taxis Ltd.

0733-678953, 0722787001.

info@wonderviewtaxis.co.ke
www.wonderviewtaxis.co.ke

10) Prestige Taxis

Prestige Plaza, Ngong Road,
Nairobi, Kenya.

+254 (0)20 214 0457
+254 (0)705 600 095

11) Uber

Download the app from Google
Play Store or the Store

USEFUL CONTACTS Kenya Tourism Board Head Office

Kenya-Re Towers, Ragati Road,
P.O. BOX 30630-00100,
Nairobi, Kenya.

+254 20 2711 262,
(Pilot No) +254 20 2749 000,
+254 720 601 262,
+254 735 287 030.
info@ktb.go.ke
www.magicalkenya.com

Kenya Association of Travel Agents

+254 248 65 63,
+254 374 97 45/6.

info@katakkenya.org
www.katakkenya.org

Kenya Association of Tour Operators

KATO Place, (Opposite Shelter
Afrique Centre) Upper Hill,
2713348/2713386,
2722401/2726517,
020 2106353 (Wireless)
0722 434845, 0733 226932.

info@katokenya.org
www.katokenya.org

Kenya Association of Hotel Keepers and Caterers

+254 600 44 19, +254 600 25 48.
info@kahc.co.ke
www.kahc.co.ke

Kenya Tourism Federation

+254 (0)20 6004 767,
+254 (0)20 8001000,
+254 (0)722 745 645,
+254 (0)738 617 499.

Kenya Police

999,
0800 720002,
736 350 100,
712 179 524.

Nairobi County Office

020-344194,
0725-624489.
info@nairobi.go.ke

There are foreign missions in the
country. For more information,
visit the website of Ministry of
Foreign Affairs and International
Trade.

www.mfa.go.ke

DID YOU KNOW?

- Nairobi is the only city in the world to boast a 12,000-hectare park (Nairobi National Park) with a variety of animals and birds close to a capital city. The park is located only 10 kms from Nairobi City Centre. A newly born wildebeest and giraffe can run within minutes of birth
- Kenya has the highest concentration of Olympic gold medal winners in the marathon event
- Kenya holds the world record for paragliding
- 80% of cut rose flowers in Europe are from Kenya
- 11% of world bird population is in Kenya
- M-PESA (a mobile money transfer service) was invented in Kenya
- The Kenyan first lady Margaret Kenyatta is the first African first lady to compete in and finish the 42 kms London marathon



HERITAGE WALKING TOURS

Walking Tours are available daily from the Nairobi Gallery by a professional guide. We recommend advance booking.

TOUR	DURATION	COST IN KSHS
Kenyatta Avenue Walking Tour	90 Minutes	C:150.00 R:300.00 NR:500.00
River Road Walking Tour	90 Minutes	C:150.00 R:300.00 NR:500.00
City Square Walking Tour*	90 Minutes	C:150.00 R:300.00 NR:500.00*
Harry Thuku Road Walking Tour*	2hours	C:150.00 R:300.00 NR:500.00*

*Additional charges for Nairobi National Museum, KICC Helipad and Norfolk Hotel apply

Key: C - Citizen; R -Resident; NR - Non-Resident

TOUR 1: KENYATTA AVENUE WALKING TOUR

The tour begins from the Nairobi Gallery at any time of the day. The tour takes ninety minutes walking through Kenyatta Avenue/Kimathi Street/ Biashara Street/Mundi Mbingu Street/Banda Street.

This tour showcases the input of the British/Europeans to the development of the city and an introduction to the Asian influence.

TOUR 2: RIVER ROAD WALKING TOUR

The walking tour commences at the August 7th Memorial Park via Haile Selassie Avenue tracing the origin of Nairobi City and the immense contribution of the Asian community to its development.

The tour goes through Racecourse Road, Uyoma Street, Ronald Ngala Street, Tom Mboya and Moi Avenue.

The cost mentioned above does not include the entry fees to the Memorial Park and the entry to the visitor's centre where a movie of the occurrences on the August 7th 1998 is beamed.

TOUR 3: CITY SQUARE WALKING TOUR

The walking tour starts from the Nairobi Gallery through Posta Road, Kaunda Street, Standard Street, Kimathi Street, Mama Ngina Street,

Moi Avenue, City Hall way, Taifa Road, Harambee Avenue culminating on top of KICC. NB: Fee payable to access the helipad.

TOUR 4: HARRY THUKU RD TOUR

Walk begins from the Nairobi National Museum with a tour of the museum, walk down Museum Hill through Harry Thuku Road.

Attractions include:

- Nairobi National Museum, Snake Park, Botanical Gardens
- Kenya Broadcasting Corporation
- Norfolk Hotel
- Kenya Cultural Centre
- Jewish Synagogue
- French Cultural Centre/ Maendeleo ya Wanawake/ Utalii House/Central Park

www.museums.or.ke



CONTACT

Kenya Tourism Board
Kenya-Re Towers, Ragati Road,
Upper Hill
P.O. Box 30630-00100,
Nairobi, Kenya.
Tel: +254 20 271 1262
Email: info@ktb.go.ke
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